



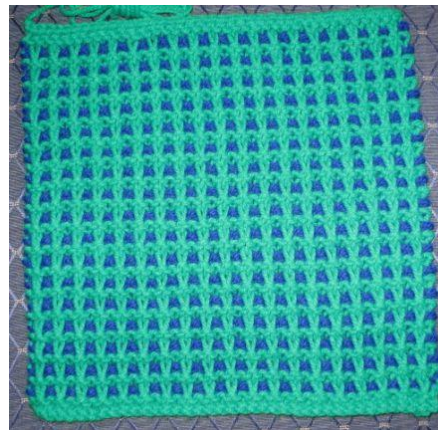
## Block Stitch Square

Jan Burton

This pattern creates a great, double thickness square in two colours, without all the confusion that you get with normal fair-isle.

This stitch pattern is very useful when trying to use a soft, "unstable" yarn such as chenille or thick short eyelash, which can easily stretch out of shape used on its own.

Using the soft yarn as the background yarn, and a plain yarn for the foreground, this pattern will produce much more stable fabric suitable for blanket squares.



### Materials and Equipment

- Light worsted weight yarn (US)/Double Knit (UK)/8 ply (Aust) in 2 colours
- One pair needles appropriate for the yarn being used

### Abbreviations

RS: Right side of work facing

WS: Wrong side of work facing

sl1p: Slip one stitch purlways

### Instructions

*Note: Slip all stitches purlwise, keeping yarn on wrong side of work. i.e. on Row 3 yarn will be furthest away from you, on Row 4 yarn will be towards you.*

*At colour changes, don't break off yarn, but carry colour not in use up side of work.*

*Number of stitches: multiple of 4 + 3 (e.g. 39, 35, 31, 27) depending on yarn thickness and needle size*

Using yarn A, cast on

**Row 1:** (RS) Using yarn A – Knit

**Row 2:** (WS) Using yarn A – Knit

**Row 3:** Using yarn B - K1, \* sl1p, K1 rep from \* to last 2 stitches, sl1p, K1

**Row 4:** Using yarn B - K1, then keeping yarn forward \* purl 1, slip one purlways\*, repeat from \* to last two stitches, slip one purlways, K1.

**Next Rows:** repeat rows 1-4 until work measures 8 ins/20 cm ending with row 2  
Cast off/Bind off

Leave a 50 cm/20" tail (for sewing the squares together). Butterfly\* the tail to the square.

*\*How to 'butterfly the tail' is as easy as 1, 2, 3 . Use contrasting yarn and follow the directions:*



Sew/darn in any other ends of yarn along the side of the square

## Variations

*For more precise adjustment of number of stitches required, especially using very chunky yarn the following slight variation can be used (result will still look the same).*



*Number of stitches: multiple of 4 + 1 (e.g. 37, 33, 29, 25) depending on yarn thickness and needle size*

Using yarn A, cast on

**Row 1:** (RS) Using yarn A – Knit

**Row 2:** (WS) Using yarn A – Knit

**Row 3:** Using yarn B - K2, \*sl1p, K3, rep from \* to last 3 stitches, sl1p, K2

**Row 4:** Using yarn B - K1, P1, \*sl1p, P3, rep from \* to last 3 stitches, sl1p, P1, K1

**Next rows:** Repeat rows 1-4 until work measures 8ins/20cm ending with row 2

Cast off/bind off leaving a 50cm/20ins tail of yarn (this is to sew the squares together)

FOR FULL POSTAL INSTRUCTIONS PLEASE VISIT:

<http://knit-a-square.com/postal.html>

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